

# Building PE/Health Skills

K-12 Physical Education and Health PD - September 18, 2024

Blacklick Golf Club and South HS - PDS #70852

## Physical Education

**Register in PDS:**  
**Course #70852**  
**by September**  
**17th**



&

## Health

**Location:**

**Blacklick Woods  
Golf and South  
HS**

**PD Contact:**

**Kristen Schreiber,  
PE/Health  
Coordinator**

In partnership with:

### Schedule at a Glance



8:00-8:15am

Sign-In; PE K-12 (Blacklick Woods Golf Course),  
Health (South HS)

8:30-11:30am

Morning Sessions

11:30am-12:30pm

Lunch

12:30-12:45pm

Gifted Information

12:45-1:30pm

PE - ODE State Assessments

1:30-2:00pm

MS PE Teachers/Health info

12:30-3:15pm

Collaboration time (Classroom Management,  
Unit/Lesson development)

3:15-3:30pm

Exit Ticket & Sign Out



**EVERFI**



**Department of  
Education &  
Workforce**

## Session Descriptions - Morning Sessions (8:30am-11:30 a.m.)

### **First Tee Golf Central Ohio (Blacklick Woods Golf Course @ Shelter House by Practice Green)**

#### **K-12 Physical Education Educators - 8:30am-11:30am**

*Channon Gross, CCS and Jonathan Wilson, First Tee Central Ohio*

Prepare teachers to lead safe, fun, and engaging physical education classes using techniques and curriculum from the First Tee School Program manual.



### **Best Practices (Nationwide Children's Hospital) (South HS, Room #207)**

#### **Health Educators 8:30am-10:00am**

*Sarah Saxby, NCH*

Best practices around how to answer student health questions, with a focus on sexual health, and time for participants to answer their own (from actual student questions)

### **Session Title (EverFi) (South HS, Room #207)**



#### **Health Educators**

*EverFi*

With devices seemingly glued to their hands, our students need what they can't get from a quick Google search – skills-based health. Students need support with crucial health skills like distinguishing accurate health information online, getting help for themselves or a friend struggling with anxiety, or avoiding potentially lethal counterfeit pills laced with fentanyl. In this session, we'll explore a library of free online resources designed to teach the basics of a topic then help students apply their knowledge in a variety of contexts, empowering them to take ownership and control of their health. If you're familiar with EVERFI already, we'll share updates on our platform and the improved content and resources we've added to our platform this year!.

## Session Descriptions - Afternoon Sessions (12:30 - 3:15 p.m.)

### **Gifted Information 12:30-12:45pm**

#### **K-12 Physical Education Educators 12:30-12:45pm**

*Gifted Department*

Overview on how PE teachers can access and refer gifted students for Dance.



### **Collaboration Best Practices (South HS, Room #207)**

#### **Health Educators 12:30-3:15pm**

*Kristen Schreiber, CCS*

Health educators will collaborate and develop Unit/Lessons together and discuss best practices in the health classroom.



### **ODE PE State Assessments Process**

#### **K-12 Physical Education Educators 12:45-1:30pm**

*Kristen Schreiber, CCS*

Session meant to help guide PE educators on proper assessment protocols and new data entry process.

### **Middle School Health Requirements (South HS, Auditorium)**

#### **MANADOTRY MS PE Teachers 1:30-3:15pm**

*Sarah Saxby, NCH*

Informational on Sex Ed requirements for middle school students.

### **Collaboration Best Practices (South HS, Cafeteria)**

#### **MANADOTRY NEW TEACHERS 1:30-3:15pm**

*Channon Gross, CCS*

New Teachers will collaborate with veteran teachers on best practices related to ODE state testing, classroom management strategies, and all questions that they may have.



### **Collaboration Best Practices (South HS, Cafeteria)**

#### **K-12 Physical Educators 1:30-3:15pm**

*Kristen Schreiber, CCS*

Physical Education educators will collaborate and develop Unit/Lessons together and discuss best practices in the health classroom.



Technology sessions are noted with the laptop icon. Please bring a computing device to these sessions.